Benefits and Experiences of Volunteering at Vérité

Volunteering at Vérité provides an opportunity to live and learn in a supportive, health-focused, multicultural environment while experiencing aspects of Auroville's community life.

Depending on the volunteer's interests and participation, volunteers may benefit from:

- **Housing & Accommodation:** Volunteers are provided with accommodation as part of their volunteering arrangement. Details regarding the accommodation, facilities, responsibilities, and applicable guidelines are outlined separately under **Housing & Accommodation**.
- **Three Healthy Vegetarian Meals a Day:** Volunteers are provided with three nutritious vegetarian meals each day, supporting a tasty and balanced approach to eating.

- **Monthly Contribution to Auroville**: Vérité also covers the cost of the volunteer's monthly contribution to Auroville which is set/ mandated by the BCC/FAMC.

- **Laundry Services:** Laundry facilities/services are available to volunteers as part of their volunteering arrangement.
- **Bicycle:** Vérité provides access to a bicycle for volunteers, making it easier to move around Vérité and explore the surrounding Auroville area.
- **A Healthier Way of Living:** Access to fresh, wholesome food and an environment that discourages excessive consumption of processed or junk food may naturally support a shift towards a simpler and more nourishing diet.
- **Living in a Forest Environment:** Vérité's natural surroundings provide an

opportunity to spend daily life in a peaceful, green environment. The combination of nature, outdoor movement, community living, and a balanced daily routine may contribute to greater physical and mental wellbeing and a sense of vitality.

- **A Multicultural Community:** As part of Auroville, volunteers have the opportunity to interact with people from diverse cultural and national backgrounds and experience a community built around cross-cultural exchange, collaboration, and shared living.
- **Access to Auroville's Cultural Life:** Outside working hours, volunteers can participate in a wide range of cultural programmes, gatherings, performances, talks, community activities, and other events taking place across Auroville, depending on eligibility and availability.
- **Matrimandir Access:** Registered volunteers may be eligible for a volunteer pass providing access to Matrimandir, subject to the applicable Auroville guidelines and procedures.
- **Discounted Rates:** Registered volunteers may be eligible for discounted rates at selected workshops, classes, eateries, and other services that offer volunteer-specific rates. These opportunities are generally available outside working hours and are subject to the policies and availability of the respective establishments.

Please note that access, discounts, passes, and other community privileges are subject to the rules, eligibility criteria, availability, and policies of Vérité, Auroville, Matrimandir, and the respective service providers. They may change from time to time and should not be considered guaranteed benefits beyond the specific terms of the volunteer arrangement.